



Patient Portal Instructions

- **New Portal Accounts**
 - Go to <https://www.therapyportal.com/p/arborvitaef/>
 - Enter the email given at intake.
 - Enter Patient's date of birth
 - Create password: 10 characters, upper/lower case, number, and symbol
 - Save username and password for future logins
- **Existing Portal Accounts**
 - Click the link above
 - Enter email given at intake
 - Enter password
- **Telehealth Visits**
 - Access to your appointment will appear on your portal home page. You will not have access until just before your scheduled appointment time.